

April | Homestyle Menu

If you need to cancel, please call 614-278-3152 or email nutritionops@lifecarealliance.org by 8:30 a.m.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29 Beef Stroganoff <ul style="list-style-type: none"> • Rotini pasta • Ground beef • Stroganoff sauce • Peas and carrots • Diced pears 	30 Creamy Cheesy Chicken Bake <ul style="list-style-type: none"> • Chicken breast • Mornay sauce • Brown rice • Peas with mushrooms 	31 Grilled Chicken Breast <ul style="list-style-type: none"> • Wheat bread • Orange • Mixed vegetables Chicken Fritter Sandwich <ul style="list-style-type: none"> • Baked beans • Cinnamon pears 	01 Chicken & Dumplings <ul style="list-style-type: none"> • Broccoli • Pineapple betty 	02 Farmers Market Omelet <ul style="list-style-type: none"> • Breakfast potatoes • Apple • Italian green beans 	03 Fish Marinara <ul style="list-style-type: none"> • Mozzarella cheese • Oregon bean medley • Cinnamon apples Sausage Gravy & Biscuits <ul style="list-style-type: none"> • Rosemary garlic potatoes • Green beans 	04 Country Fried Steak <ul style="list-style-type: none"> • Mashed potatoes • Peas and carrots • Oregon bean medley
05 Breakfast Skillet <ul style="list-style-type: none"> • Breakfast potatoes • Fried egg patty • Capri blend • Turkey sausage links 	06 BBQ Chicken Breast <ul style="list-style-type: none"> • Rosemary garlic potatoes • Green beans • Orange • Wheat bread 	07 Johnny Marzetti <ul style="list-style-type: none"> • Whole grain penne pasta • Ground beef • Green beans • Corn Uncle Chuck's Country Fried Steak Biscuit <ul style="list-style-type: none"> • Crunchy potato bites • Scrambled eggs 	08 Waffle & Turkey Sausage <ul style="list-style-type: none"> • Turkey sausage links • Hash brown potato wedge • Diced pears 	09 Hamburger & Macaroni & Cheese <ul style="list-style-type: none"> • Broccoli • Apple 	10 Pork Riblet <ul style="list-style-type: none"> • Mashed potatoes • Peas • Diced carrots Cheese Tortellini <ul style="list-style-type: none"> • Mozzarella cheese • Diced carrots • Mixed vegetables 	11 Potato Fish <ul style="list-style-type: none"> • Scalloped potatoes • Succotash • Banana
12 Santa Fe Chicken <ul style="list-style-type: none"> • Salsa • Monterey jack cheese • Salsa rice • Fire roasted corn 	13 Salisbury Steak <ul style="list-style-type: none"> • Mashed potatoes • Green beans • Cinnamon applesauce • Herb beef gravy 	14 Homestyle Chicken Broccoli Rice Bake <ul style="list-style-type: none"> • Peas • Applesauce Cheese Stuffed Shells <ul style="list-style-type: none"> • Peas and mushrooms • Cinnamon pears 	15 Chicken Nuggets <ul style="list-style-type: none"> • Italian blend • Yellow wax beans • Apple • Wheat bread 	16 Hearty Vegetable Stew <ul style="list-style-type: none"> • Harvest grain medley • Green beans • Applesauce 	17 Bratwurst w/ Peppers & Onions <ul style="list-style-type: none"> • Baby bakers • Baked beans Cheese Lasagna <ul style="list-style-type: none"> • Peas • Corn 	18 Chicken Alfredo <ul style="list-style-type: none"> • Linguine noodles • Alfredo sauce • Diced chicken • Broccoli • Diced carrots • Banana
19 Farmers Market Omelet <ul style="list-style-type: none"> • Peppers and onions • Broccoli • Breakfast potatoes • Apple 	20 Meatloaf w/ Gravy <ul style="list-style-type: none"> • Herb beef gravy • Mashed potatoes • Diced carrots • Diced peaches 	21 Carrie's Homestyle Chicken <ul style="list-style-type: none"> • Mashed potatoes • Peas and carrots Fish Marinara <ul style="list-style-type: none"> • Oregon bean medley • Cinnamon apples 	22 Popcorn Chicken Bowl <ul style="list-style-type: none"> • Mashed potatoes • Peppery gravy • Popcorn chicken • Cheddar cheese • Corn • Orange 	23 Spaghetti and Meatballs <ul style="list-style-type: none"> • Linguine noodles • Turkey meatballs • Marinara sauce • Diced carrots • Corn 	24 Kielbasa w/ Sauerkraut <ul style="list-style-type: none"> • Rosemary garlic potatoes • Cinnamon diced pears Macaroni & Cheese <ul style="list-style-type: none"> • Green beans • Cinnamon diced pears 	25 Three Bean Chili <ul style="list-style-type: none"> • Cornbread • Diced carrots • Green beans • Banana
26 Beef Stroganoff <ul style="list-style-type: none"> • Rotini pasta • Ground beef • Stroganoff sauce • Peas and carrots • Diced pears 	27 Creamy Cheesy Chicken Bake <ul style="list-style-type: none"> • Chicken breast • Mornay sauce • Brown rice • Peas with mushrooms 	28 Grilled Chicken Breast <ul style="list-style-type: none"> • Wheat bread • Orange • Mixed vegetables Chicken Fritter Sandwich <ul style="list-style-type: none"> • Baked beans • Cinnamon pears 	29 Chicken & Dumplings <ul style="list-style-type: none"> • Broccoli • Pineapple betty 	30 Farmers Market Omelet <ul style="list-style-type: none"> • Breakfast potatoes • Apple • Italian green beans 		

Art by Freepik

All meals include 8oz. milk. Exact serving sizes and detailed nutritional information available upon request. For questions regarding service call: 614-278-3152 | lifecarealliance.org Menus are Subject to Change | Menus approved by: Penny S. Rudy, RD, LD CPFS



Volunteer Appreciation

April is Volunteer Appreciation Month, the perfect time to recognize our incredible volunteers and the impact they make. This year, they shined during "Winter Storm Fern" and were featured in an article in the Columbus Dispatch.

"On Feb. 6, when heavy snow once again fell on central Ohio, the nonprofit continued its meal deliveries, supporting senior clients and others who had difficulty accessing food."

"With walkways hazardous, 50 individuals volunteered to shovel driveways and sidewalks to ensure deliveries reached their neighbors."

For the complete article, scan the QR code below.

We appreciate our volunteers more than words can say!



April | Deli Menu

If you need to cancel, please call 614-278-3152 or email nutritionops@lifecarealliance.org by 8:30 a.m.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29 Bagel & Cream Cheese <ul style="list-style-type: none"> Fiesta slaw Broccoli crunch salad Orange 	30 Chicken Salad Fruit Plate <ul style="list-style-type: none"> Club crackers Pineapple tidbits Baby carrots Grapes 	31 Chicken Chef Salad <ul style="list-style-type: none"> Salad crackers Diced peaches Ranch dressing 	01 Roast Beef Sandwich <ul style="list-style-type: none"> Cinnamon applesauce Coleslaw 	02 Egg Salad Sandwich <ul style="list-style-type: none"> Springtime pasta salad Kidney bean salad Banana 	03 Tuna Salad <ul style="list-style-type: none"> Orange wedges Greek pasta salad Apple Slider bun 	04 Cottage Cheese Fruit Plate <ul style="list-style-type: none"> Diced peaches Pear half Club crackers Banana
05 Turkey Provolone Sandwich <ul style="list-style-type: none"> Cinnamon applesauce Crunchy cauliflower and broccoli delight Banana 	06 Chicken Taco Salad <ul style="list-style-type: none"> Chicken fajita strips Springtime pasta salad Orange French dressing 	07 Chicken Pasta Salad <ul style="list-style-type: none"> Mixed bean salad Carrot raisin salad 	08 Turkey Chef Salad <ul style="list-style-type: none"> Salad crackers Pineapple tidbits Italian dressing 	09 Turkey Sandwich <ul style="list-style-type: none"> Ambrosia Fiesta slaw 	10 Seafood Salad <ul style="list-style-type: none"> Macaroni salad Orange wedges Slider bun 	11 Ham & Swiss Sandwich <ul style="list-style-type: none"> Diced pears Four bean salad
12 Bagel & Cream Cheese <ul style="list-style-type: none"> Fiesta slaw Broccoli crunch salad Orange 	13 Chicken Salad Fruit Plate <ul style="list-style-type: none"> Club crackers Pineapple tidbits Baby carrots Grapes 	14 Chicken Chef Salad <ul style="list-style-type: none"> Salad crackers Diced peaches Ranch dressing 	15 Roast Beef Sandwich <ul style="list-style-type: none"> Cinnamon applesauce Coleslaw 	16 Egg Salad Sandwich <ul style="list-style-type: none"> Springtime pasta salad Kidney bean salad Banana 	17 Tuna Salad <ul style="list-style-type: none"> Orange wedges Greek pasta salad Apple Slider bun 	18 Cottage Cheese Fruit Plate <ul style="list-style-type: none"> Diced peaches Pear half Club crackers Banana
19 Turkey Provolone Sandwich <ul style="list-style-type: none"> Cinnamon applesauce Crunchy cauliflower and broccoli delight Banana 	20 Chicken Taco Salad <ul style="list-style-type: none"> Chicken fajita strips Springtime pasta salad Orange French dressing 	21 Chicken Pasta Salad <ul style="list-style-type: none"> Mixed bean salad Carrot raisin salad 	22 Turkey Chef Salad <ul style="list-style-type: none"> Salad crackers Pineapple tidbits Italian dressing 	23 Turkey Sandwich <ul style="list-style-type: none"> Ambrosia Fiesta slaw 	24 Seafood Salad <ul style="list-style-type: none"> Macaroni salad Orange wedges Slider bun 	25 Ham & Swiss Sandwich <ul style="list-style-type: none"> Diced pears Four bean salad
26 Bagel & Cream Cheese <ul style="list-style-type: none"> Fiesta slaw Broccoli crunch salad Orange 	27 Chicken Salad Fruit Plate <ul style="list-style-type: none"> Club crackers Pineapple tidbits Baby carrots Grapes 	28 Chicken Chef Salad <ul style="list-style-type: none"> Salad crackers Diced peaches Ranch dressing 	29 Roast Beef Sandwich <ul style="list-style-type: none"> Cinnamon applesauce Coleslaw 	30 Egg Salad Sandwich <ul style="list-style-type: none"> Springtime pasta salad Kidney bean salad Banana 		

Art by Freepik

All meals include 8oz. milk. Exact serving sizes and detailed nutritional information available upon request. For questions regarding service call: 614-278-3152 | lifecarealliance.org Menus are Subject to Change | Menus approved by Tony S. H. S.



Volunteer Appreciation

April is Volunteer Appreciation Month, the perfect time to recognize our incredible volunteers and the impact they make. This year, they shined during "Winter Storm Fern" and were featured in an article in the Columbus Dispatch.

"On Feb. 6, when heavy snow once again fell on central Ohio, the nonprofit continued its meal deliveries, supporting senior clients and others who had difficulty accessing food."

"With walkways hazardous, 50 individuals volunteered to shovel driveways and sidewalks to ensure deliveries reached their neighbors."

For the complete article, scan the QR code below.

We appreciate our volunteers more than words can say!

