



Meals by LifeCare Alliance

Breakfast Café



COUNTRY SELECTION

Tyson Chicken & Waffle Sandwich
Jimmy Dean Muffin Sandwich
Garden Fresh Omelet
Harvest Homestead Omelet
Smothered Omelet
Garden Fresh Egg White Muffin
Jimmy Dean Pancake Sandwich

Companion Pack

3 English muffins, 2 baking potatoes,
2 packs of assorted oatmeal, 1 bag of
craisins, 1 box of raisins, 1 fresh fruit, 7
milks

PANTRY SELECTION

4 Assorted Loaves or Muffins
2 Eggo Cinnamon Waffles
Hard Boiled Eggs

Companion Pack

4 cottage cheese packs, 4 assorted
yogurt cups, 3 cans of tomato juice,
3 assorted fresh fruits

Luncheon Bistro



HOMESTYLE SELECTION

Marie Callender's Chicken Pot Pie
Marie Callender's Steak & Roasted
Potatoes
Marie Callender's Beef Pot Roast
Marie Callender's Country-Fried
Chicken & Gravy
Zesty Sausage & Rigatoni Bake
Meatloaf Meal
Salisbury Steak Meal

Companion Pack

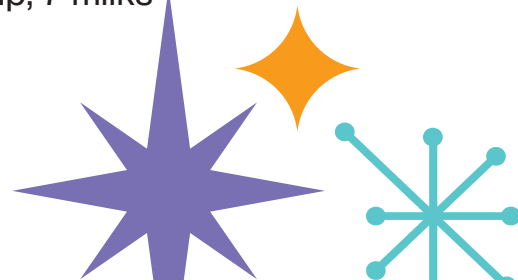
2 baking potatoes, fresh vegetables
with dressing, wheat bread slices,
1 pack of graham crackers, 4 assorted
fresh fruits, 7 milks

SOUP & SLIDERS SELECTION

White Castle Sliders
Chicken Noodle Soup
Hearty Beef & Vegetable Soup
Garden Vegetable Soup
Chili
Chicken Sliders
Black Bean Sliders

Companion Pack

1 baking potato, 4 cheese sticks, fresh
vegetables with dressing, 3 packs of
crackers, 2 cornbread mini-loaves,
3 assorted fresh fruits, 1 bag of craisins,
1 box of raisins, 1 apple juice cup,
1 grape juice cup, 7 milks



Hearty Diner



HEALTHY FOCUS SELECTION

Healthy Choice Turkey Sausage
Lasagna Bowl
Healthy Choice Crustless Pot Pie
Healthy Choice Chicken Fried Rice
Healthy Choice Chicken Margherita
Healthy Choice Beef Merlot
Masala Cauliflower Bowl
Grilled Chicken & Vegetables

Companion Pack

1 sweet potato, fresh vegetables with
dressing, wheat bread slices,
2 bags of raisins, 1 applesauce cup,
4 assorted fresh fruits, 7 milks

MIDWEST FAVORITES SELECTION

Marie Callender's Pulled Pork Mac &
Cheese Bowl
Barbeque Pork Sliders
Shaved Beef Sliders
Pot Roast & Mashed Potatoes Bowl
Sausage, Biscuit & Gravy Meal
Country Fried Steak Meal
Potato-breaded Fish Meal

Companion Pack

1 baking potato, fresh vegetables with
dressing, wheat bread slices, 1 bag of
raisins, 4 assorted fresh fruits, 1 apple
juice cup, 7 milks

INTERNATIONAL SELECTIONS

Healthy Choice Italian Chicken Sausage &
Peppers Bowl
Healthy Choice General Tso's Chicken Bowl
Healthy Choice Mexican Street Corn Bowl
Healthy Choice Korean-Inspired Power Bowl
Swedish Meatball Bowl
Mediterranean Chicken Bowl
Kielbasa Meal

Companion Pack

2 baking potatoes, fresh vegetables with
dressing, wheat bread slices, 1 bag of
raisins, 1 pack of graham crackers, 2 apple
juice cups, 1 grape juice cup, 1 fresh fruit,
7 milks

Order Today!

For more information about signing up for any
LifeCare Alliance Home Delivered Meal program,
you can contact your case manager, or reach out
to LifeCare Alliance directly:

Visit | www.lifecarealliance.org/referral

Email | hdm@lifecarealliance.org

Call | 614-278-3152 and choose Option 2

*This menu was last updated 1/16/2025



**LifeCare
Alliance**

**Being
There
Matters™**



To learn more about
Savor and Select Meals,
or any LifeCare Alliance's
portfolio of menu plans,
scan the QR Code.