



Meals by LifeCare Alliance

Breakfast Café



COUNTRY SELECTION

- Tyson Chicken & Waffle Sandwich
- Jimmy Dean Muffin Sandwich
- Garden Fresh Omelet
- Harvest Homestead Omelet
- Smothered Omelet
- Garden Fresh Egg White Muffin
- Jimmy Dean Pancake Sandwich

Companion Pack

3 English muffins, 2 baking potatoes, 2 packs of assorted oatmeal, 1 bag of craisins, 1 box of raisins, 1 fresh fruit, 7 milks

PANTRY SELECTION

- 4 Assorted Loaves or Muffins
- 2 Eggo Cinnamon Waffles
- Hard Boiled Eggs

Companion Pack

4 cottage cheese packs, 4 assorted yogurt cups, 3 cans of tomato juice, 3 assorted fresh fruits

Luncheon Bistro

HOMESTYLE SELECTION

- Marie Callender's Chicken Pot Pie
- Marie Callender's Steak & Roasted Potatoes
- Marie Callender's Beef Pot Roast
- Marie Callender's Country-Fried Chicken & Gravy
- Zesty Sausage & Rigatoni Bake
- Meatloaf Meal
- Salisbury Steak Meal

Companion Pack

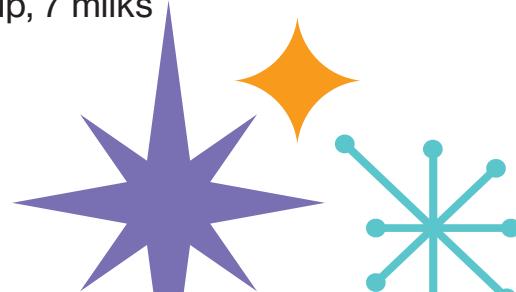
2 baking potatoes, fresh vegetables with dressing, wheat bread slices, 1 pack of graham crackers, 4 assorted fresh fruits, 7 milks

SOUP & SLIDERS SELECTION

- White Castle Sliders
- Chicken Noodle Soup
- Hearty Beef & Vegetable Soup
- Garden Vegetable Soup
- Chili
- Chicken Sliders
- Black Bean Sliders

Companion Pack

1 baking potato, 4 cheese sticks, fresh vegetables with dressing, 3 packs of crackers, 2 cornbread mini-loaves, 3 assorted fresh fruits, 1 bag of craisins, 1 box of raisins, 1 apple juice cup, 1 grape juice cup, 7 milks



Hearty Diner



HEALTHY FOCUS SELECTION

Healthy Choice Turkey Sausage Lasagna Bowl
Healthy Choice Crustless Pot Pie
Healthy Choice Chicken Fried Rice
Healthy Choice Chicken Margherita
Healthy Choice Beef Merlot
Masala Cauliflower Bowl
Grilled Chicken & Vegetables

Companion Pack

1 sweet potato, fresh vegetables with dressing, wheat bread slices, 2 bags of craisins, 1 applesauce cup, 4 assorted fresh fruits, 7 milks

MIDWEST FAVORITES SELECTION

Marie Callender's Pulled Pork Mac & Cheese Bowl
Barbeque Pork Sliders
Shaved Beef Sliders
Pot Roast & Mashed Potatoes Bowl
Sausage, Biscuit & Gravy Meal
Country Fried Steak Meal
Potato-breaded Fish Meal

Companion Pack

1 baking potato, fresh vegetables with dressing, wheat bread slices, 1 bag of craisins, 4 assorted fresh fruits, 1 apple juice cup, 7 milks

INTERNATIONAL SELECTIONS

Healthy Choice Italian Chicken Sausage & Peppers Bowl
Healthy Choice General Tso's Chicken Bowl
Healthy Choice Mexican Street Corn Bowl
Healthy Choice Korean-Inspired Power Bowl
Swedish Meatball Bowl
Mediterranean Chicken Bowl
Kielbasa Meal

Companion Pack

2 baking potatoes, fresh vegetables with dressing, wheat bread slices, 1 bag of craisins, 1 pack of graham crackers, 2 apple juice cups, 1 grape juice cup, 1 fresh fruit, 7 milks

Order Today!

For more information about signing up for any LifeCare Alliance Home Delivered Meal program, you can contact your case manager, or reach out to LifeCare Alliance directly:

Visit | www.lifecarealliance.org/referral
Email | hdm@lifecarealliance.org
Call | 614-278-3152 and choose Option 2

*This menu was last updated 1/16/2025



To learn more about Savor and Select Meals, or any LifeCare Alliance's portfolio of menu plans, scan the QR Code.