

AUGUST 2023

Daily Homestyle Delivery Menu



IF YOU NEED TO CANCEL, PLEASE CALL 614-278-3152 OR EMAIL
NUTRITIONOPS@LIFECAREALLIANCE.ORG BY 8:30 A.M.

Menus are Subject to Change | Menus approved by: Penny S. Rudy, RD, LD CPFS



Meeting People Where They Live Since 1898

30 SUNDAY	31 MONDAY	1 TUESDAY	2 WEDNESDAY	3 THURSDAY	4 FRIDAY	5 SATURDAY
Chicken Mornay ♥ Brown Rice ♥ Peas with Mushrooms	BBQ Chicken Breast ♥ Rosemary & Garlic Potatoes ♥ Green Beans ♥ Banana ♥ Wheat Bread	Spaghetti & Meatballs ♥ Carrot Coins ♥ Corn Alt. Chicken Parmesan ♥ Green Beans ♥ Carrot Coins	Waffle & Vegetarian Sausage ♥ Hash Brown Potato Wedge ♥ Diced Pears	Hamburger and Macaroni & Cheese ♥ Broccoli ♥ Red Delicious Apple	Pork Riblet & Mashed Potatoes ♥ Peas ♥ Carrot Coins ♥ Banana Alt. Cheese Manicotti ♥ Green Beans ♥ Diced Peaches	Country Fried Steak ♥ Mashed Potatoes ♥ Peas & Carrots ♥ Oregon Bean Medley
6	7	8	9	10	11	12
Santa Fe Chicken ♥ Fire Roasted Corn ♥ Salsa Rice	Popcorn Chicken Bowl ♥ Mashed Potatoes ♥ Corn ♥ Banana	Italian Sausage ♥ Corn ♥ Baked Beans Alt. Cheese Stuffed Shells ♥ Peas & Mushrooms ♥ Cinnamon Pears	Salisbury Steak ♥ Mashed Potatoes ♥ Corn ♥ Cinnamon Applesauce	Broccoli Cheese Casserole ♥ Diced Peaches ♥ California Blend	Country Fried Pork ♥ Fiesta Black Beans ♥ Carrot Coins ♥ Dinner Roll Alt. Cheese Lasagna ♥ Peas ♥ Corn	Cheese Tortellini ♥ Mixed Vegetables ♥ Diced Carrots ♥ Banana
13	14	15	16	17	18	19
Farmers Market Omelet ♥ Breakfast Potatoes ♥ Apple	Chicken Nuggets ♥ Roasted Brussel Sprouts ♥ Italian Blend ♥ Banana ♥ Wheat Bread	Burger Parmesan ♥ Corn ♥ Green Beans Alt. Fish Marinara ♥ Oregon Bean Medley ♥ Cinnamon Apples	Potato Breaded Fish ♥ Maple Roasted Sweet Potatoes ♥ Succotash ♥ Banana	Meatloaf & Gravy ♥ Mashed Potatoes ♥ Diced Carrots ♥ Diced Peaches	Kielbasa ♥ Sauerkraut ♥ Rosemary Garlic Potatoes ♥ Cinnamon Diced Apples Alt. Macaroni & Cheese ♥ Green Beans ♥ Cinnamon Diced Apples	Three Bean Chili ♥ Cornbread ♥ Carrot Coins ♥ Green Beans ♥ Banana
20	21	22	23	24	25	26
Breakfast Skillet ♥ Capri Blend Vegetables ♥ Vegetarian Sausage Patty	Blueberry Pancakes ♥ Scrambled Eggs ♥ Turkey Sausage Links	Grilled Chicken Breast ♥ Mixed Vegetables ♥ Wheat Bread ♥ Orange Alt. Chicken Fritter Sandwich ♥ Baked Beans ♥ Cinnamon Pears	Chicken & Dumplings ♥ Broccoli ♥ Pineapple Betty	Farmers Market Omelet ♥ Breakfast Potatoes ♥ Red Delicious Apple ♥ Italian Green Beans	Sausage Gravy & Biscuit ♥ Rosemary Garlic Potatoes ♥ Green Beans Alt. Cheese Pierogis ♥ Caramelized Onions ♥ Peas ♥ Carrot Coins ♥ Banana	Chicken Rice Casserole ♥ Italian Blend Vegetables ♥ Scalloped Potatoes
27	28	29	30	31		
Chicken Mornay ♥ Brown Rice ♥ Peas with Mushrooms	BBQ Chicken Breast ♥ Rosemary & Garlic Potatoes ♥ Green Beans ♥ Banana ♥ Wheat Bread	Spaghetti & Meatballs ♥ Carrot Coins ♥ Corn Alt. Chicken Parmesan ♥ Green Beans ♥ Carrot Coins	Waffle & Vegetarian Sausage ♥ Hash Brown Potato Wedge ♥ Diced Pears	Hamburger and Macaroni & Cheese ♥ Broccoli ♥ Red Delicious Apple		

Ensure Your Meal Service Continues

If your meals are covered through PASSPORT, MyCare Ohio – Aetna or Molina, the Ohio Homecare Waiver, or DODD, please make sure you have checked with your case manager to update your contact information and determine continued eligibility through Medicaid. If you have been receiving Meals-on-Wheels, but for some reason, no longer qualify for Medicaid under COVID-era coverage, please contact us at **614-278-3130** to explore other sources for funding your meals. We're here for you.

IMPORTANT NOTE: We cannot answer any questions about your Medicaid eligibility. You MUST contact your Medicaid case manager directly.



All meals include 8oz. milk. Exact serving sizes and detailed nutritional information available upon request. For questions regarding service call: 614-278-3152 | lifecarealliance.org



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Turkey Provolone Sandwich <ul style="list-style-type: none"> ♥ Cinnamon Applesauce ♥ Three Bean Salad ♥ Banana 	Chicken Taco Salad <ul style="list-style-type: none"> ♥ Tortilla Strips ♥ Springtime Pasta Salad ♥ Banana 	Chicken Pasta Salad <ul style="list-style-type: none"> ♥ Mixed Bean Salad ♥ Carrot Raisin Salad 	Turkey Chef Salad <ul style="list-style-type: none"> ♥ Salad Crackers ♥ Pineapple Tidbits 	Turkey Sandwich <ul style="list-style-type: none"> ♥ Ambrosia ♥ Fiesta Slaw 	Seafood Salad <ul style="list-style-type: none"> ♥ Macaroni Salad ♥ Orange Wedges ♥ Banana 	Ham & Swiss Sandwich <ul style="list-style-type: none"> ♥ Diced Pears ♥ Four Bean Salad
6	7	8	9	10	11	12
Bagel & Cream Cheese <ul style="list-style-type: none"> ♥ Fiesta Slaw ♥ Kidney Bean Salad ♥ Fresh Orange 	Egg Salad Sandwich <ul style="list-style-type: none"> ♥ Springtime Pasta Salad ♥ Kidney Bean Salad ♥ Banana 	Chicken Chef Salad <ul style="list-style-type: none"> ♥ Salad Crackers ♥ Diced Peaches 	Roast Beef Sandwich <ul style="list-style-type: none"> ♥ Cinnamon Applesauce ♥ Cole Slaw 	Chicken Salad Fruit Plate <ul style="list-style-type: none"> ♥ Club Crackers ♥ Pineapple Tidbits ♥ Baby Carrots 	Tuna Salad <ul style="list-style-type: none"> ♥ Orange Wedges ♥ Greek Pasta Salad ♥ Red Delicious Apple 	Cottage Cheese Fruit Plate <ul style="list-style-type: none"> ♥ Diced Peaches ♥ Pear Half ♥ Club Crackers
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