Celebrating 120 Years
Serving Central Ohio
It’s Time to Deliver... Our Future

$5 Million Match

There has never been a more exciting time to join the LifeCare Alliance Legacy Endowment Campaign! An anonymous donor has generously committed to matching the first $5 Million in endowment gifts, beginning in 2018. As the Agency celebrates a rich history of 120 years, this is an unprecedented opportunity to secure its stability and future for decades to come.

The Need

LifeCare Alliance continues to take all clients in need, with no waiting lists—but projections show that the growth in need will outpace the Agency’s ability to meet the need, given current funding sources. Fundraising and social enterprise revenues must continue to increase (nearly 0% in 2000, increased to 42% in 2017) as traditional funding sources continue to erode.

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By joining the campaign, you can become a member of The Catherine Nelson Black Society, honoring those who have made a planned gift.

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<tr>
<th>LifeCare Alliance</th>
<th>Board of Directors Fund</th>
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To learn more, contact:

Rebecca Hurd, Director of Advancement
614-437-2867
Chuck Gehring, President and CEO
614-437-2801
A Letter to LifeCare Alliance Supporters

LifeCare Alliance’s founder, Catherine Nelson Black, noted in the original meeting minutes in 1898 that she founded our Agency, “to take care of those nobody else pays any attention to.” This is our ultimate goal. When you combine her statement with our modern tagline, that we are Nourishing the Human Spirit, well, we have said it all. It is our mission, and how we serve our more than 20,000 clients, 365 days a year.

2018 marks the 120th Anniversary of LifeCare Alliance’s founding, and the 45th Anniversary of our Meals-on-Wheels service, only the second program of its kind in the nation. LifeCare Alliance’s 120 year legacy of service is unmatched in the world. To celebrate, I am thrilled to tell you about a new $5 million endowment match opportunity which will help to secure our future.

Our goal is to increase our Agency endowment through our Legacy Endowment Campaign to $20 million, which will provide $1 million in interest annually to fund clients for whom no funding exists. I want to be able to serve all clients in need for decades to come. And, due to the incredible generosity of an anonymous donor, the first $5 million in gifts to our endowment will be matched! This is truly an amazing opportunity, which has drawn national attention. I hope you will consider joining those who have already made a multi-year pledge to our endowment campaign, like Kris and me. This is a great way for you to make a permanent difference for our clients. Please contact me or Rebecca Hurd if you wish to discuss an endowment gift in greater detail, including the tax benefits available to you.

We have another unique opportunity for you this year and again, YOU can double your gift to our annual operations! We received a “Challenge Gift” from a donor to help feed those in need in Central Ohio. Funding does not currently exist for all those experiencing hunger. Our donor will match your donation 100% up to $200,000 in 2018. Just mark your donation, of new or increased gifts, in your gift to us for our “Challenge Gift” and you will help feed seniors and medically challenged most in need. Our donor already matched new and increased gifts in 2016 and 2017. This is the final year for this three year opportunity.

Thanks to support like yours, LifeCare Alliance has no waiting list. We have been able to continue to accept all qualified clients in need. This may not seem like a big deal, as this is what not-for-profit organizations are supposed to do. Unfortunately, we have become the exception, not the rule, and this is truly exceptional. We are one of the very few organizations in the nation still accepting clients without waiting lists.

Throughout our nation, agencies providing services like ours are struggling. Many have even discontinued their work. Knowing that the population of our clients will continue to dramatically increase over the next decade, we need to position LifeCare Alliance to take care of them. In addition to growing our endowment, we need to increase revenues from our fundraising and social entrepreneurship. This number was close to zero in 2000, but we ended 2017 with revenues from these sources totaling 42% of our total revenues. Had this total been lower, we simply could not have served all of our clients, and we would have the massive waiting lists that exist in other metropolitan areas across the country.

Your support of LifeCare Alliance is truly an investment in our community. AARP calculates that LifeCare Alliance saves Ohio taxpayers more than $62,000 per year for each senior or medically challenged person we assist in remaining independent and in their own home, which is where they want to be. This clearly makes LifeCare Alliance the best value for your dollar!

All of this is accomplished every day through the efforts of our dedicated volunteers, staff and management team, board members, supporters, and especially you. Please consider a special gift this year – an extra gift – to support those we serve through nutrition and health services, and receive a match!

I am proud that LifeCare Alliance is in the homes and neighborhoods of our local communities doing what we do best, Nourishing the Human Spirit. We need your help to continue to improve and change lives. As a supporter of LifeCare Alliance, you truly help to, “take care of those nobody else pays any attention to.”

Chuck Cebus
Meals-on-Wheels provides nourishing food and a daily visit to homebound older adults and individuals living with a medical challenge or disability, 365 days a year. We deliver 5,000 meals a day throughout Franklin, Madison, Marion, Champaign, and Logan Counties — with meal options including hot, cold, frozen, specialty diet, kosher, vegetarian, pureed, and mechanical soft. Our meal services keep our neighbors and loved ones in their own homes. In fact, the cost of one day in a hospital equals the cost of ONE YEAR of Meals-on-Wheels. The cost of one month of care in a nursing home equals providing Meals-on-Wheels for seven years! (Source: Journal of the American Dietetic Association, March 2010)

Volunteers are the heart of Meals-on-Wheels! Help us Nourish the Human Spirit — get involved with your company, community group, church, or as an individual.

Senior Dining Centers and Carrie’s Café

Carrie’s Café, our premiere Senior Dining Center, has been recognized as a national model in congregate dining, providing socialization, enriching programming, and nutritious meals. We operate over 40 community dining centers throughout central Ohio, including culturally diverse meals at 11 Asian and Somali restaurants.

Open to the public, Carrie’s Café creates a unique, intergenerational experience for both clients and community guests. Come visit us at 670 Harmon Avenue, Monday–Friday, 10:30 a.m. – 2:00 p.m., for great food and great fellowship!

LifeCare Alliance was formed as the Instructive District Nursing Association (IDNA) by a group of 18 women headed by Carrie Nelson Black, wife of Mayor Samuel Black. They were concerned about the sick and poor, as well as high infant and maternal mortality rates of the day. The IDNA was the first Visiting Nurse agency in Ohio.

Typhoid epidemic struck down 1,837 people in Columbus. IDNA nurses were the front line of defense.
Groceries-to-Go and Project OpenHand-Columbus

Our Groceries-to-Go food pantry provides groceries, personal hygiene items, and household cleaning supplies to clients of Project OpenHand-Columbus and the Columbus Cancer Clinic living with active HIV/AIDS or cancer.

Project OpenHand-Columbus also provides home-delivered, nutritionally enriched meals, assessments, counseling, and congregate meals to men, women, and children living with active HIV/AIDS.

Senior Farmers’ Market

Senior Farmers’ Market is a USDA-funded program that provides coupons to older adults (60+). Recipients are able to purchase fresh, unprepared, locally grown fruits, vegetables, herbs, and honey from partnering markets and roadside stands.

LifeCare Alliance administers the program in partnership with the Central Ohio Area Agency on Aging in Franklin, Fairfield, Fayette, Licking, Madison, Pickaway, and Union Counties.

Established the first Baby Camp with funding for two tents donated by the Columbus Evening Dispatch newspaper. One tent was erected on the grounds of the Godman Guild Settlement House, the other at Mercy Hospital.

Flooding killed people and destroyed more than 4,000 homes. Director Jane Tuttle was placed in charge of all relief work. Police and rescue crews reported to and took direction from her.
Central Ohio Diabetes Association

The Central Ohio Diabetes Association (CODA) provides self-management education and support for people living with diabetes or pre-diabetes, medically-supervised camps for youth, screening and awareness for those whose condition is unknown, and prevention for those at-risk for type 2 and complications.

CODA’s high quality education and programming support the whole family while navigating a diabetes diagnosis. From cooking classes to important self-management skills, your family can live life to the fullest while navigating the challenges of diabetes. Its signature camp programs welcome ages 3 – 17 from across Ohio to learn how to take control, connect with a community of support, and live well!

Columbus Cancer Clinic

The Columbus Cancer Clinic provides prevention, detection, support, and hope for individuals battling cancer. The Clinic accepts all insurance, as well as serves low-income, uninsured, or uninsured individuals, regardless of ability to pay. Services include prevention education, early detection, head-to-toe screenings, examinations, mammograms, and home care support.

The Clinic is generously supported by volunteer Ray Groups and Thrift Shops, who dedicate countless hours to raising funds for the Clinic.

| Grove City | Reynoldsburg | Worthington |
| Cancer Thrift Shop | Thrift Shop | Thrift Shop |
| 3684 Garden Ct. | 7125 E. Main St. | 5600 N. High St. |
| Grove City, OH | Reynoldsburg, OH | Worthington, OH |
| 614-871-1126 | 614-755-4283 | 614-848-8408 |

1915

Accepted its first public health students from Grant Hospital School of Nursing.

1920

District Nurses weighed children and instructed the mothers about infant and child care.
Senior PetCare
The Senior PetCare program gives clients the opportunity to care for their companion pets as they remain independent in their own homes. The program delivers pet food and supplies directly to clients’ homes through AniMeals routes, as well as provides in-home and veterinary pet care.

Beat the Heat Fan Campaign
The Beat the Heat Fan Campaign provides box fans to central Ohioans each summer, helping to prevent heat-related health incidents.

CHORES
Our CHORES support service coordinates home repair projects for clients in need of safety and health-related maintenance.
Social Enterprise

LifeCare Alliance operates a national model for its programs, leading in volunteer engagement, effective mergers, and social entrepreneurship.

L.A. Catering

Great catering for a great cause. LifeCare Alliance serves an additional 500 clients a year by reinvesting proceeds from its social enterprise L.A. Catering. Using the culinary expertise of the Agency’s meal programs, L.A. Catering provides full-service, quality catering at your facility or ours. Our facility offers adjustable room space, free parking, and complete staging and audio/visual capabilities.


Meals-for-Kids

The Meals-for-Kids program delivers well-balanced, nutritious meals to afterschool programs, daycare centers, and charter schools throughout central Ohio. For a consultation, please call 614-437-2908.

L.A. Wellness Works

L.A. Wellness Works, LifeCare Alliance’s corporate wellness program, is designed to meet the wellness needs of employers and employees through health, nutrition, and education services. L.A. Wellness Works helps companies to achieve wellness goals and improve the bottom line, using proven methods to encourage wellness behaviors. Let us customize a wellness package that fits your company, employees, and budget! Whether you are looking to host a registered nurse or registered dietitian on-site or offer lunch-and-learn sessions for your team, we can help. For details, call 614-437-2880.

Nearly 14,000 people personally applied at the District Nursing office for nursing and medical aid.

Employed the Agency’s first dietitian.
Travel Vaccines and Immunizations

LifeCare Alliance provides international travelers with the vaccines they need at competitive pricing. Often same-day appointments are available. To schedule, call 614-437-2878.

IMPACT Safety

IMPACT Safety offers low-cost training to people of all ages. This programming teaches safety skills such as strengthening resolve, expanding choices, and transforming fear into courage. IMPACT Safety also provides courses on safety policy, protocol implementation, and safety awareness skills. For more information, please call 614-437-2936.

Background Check Processing

LifeCare Alliance offers background checks, including BCI and FBI fingerprinting. Background checks are offered by appointment and are available at competitive prices. For more information, please call 614-278-3130.

1935

The IDNA adapted to continue the education campaign to improve child and maternal health and survival.

1936

IDNA established an emergency consultation service to assist people in applying for nursing and medical aid.
Serve Your Community.

Volunteers are one of the Agency’s most cherished resources. Without them, we simply could not serve our clients. These unsung heroes deliver Meals-on-Wheels, help at dining centers, stock pantry shelves, and deliver pet food. To learn more, contact Pauli Tice at 614-437-2859.

Adopt-a-Route Partners

Looking for a new way to engage your employees in our community? Nearly 200 businesses and partners are meeting the challenge by committing to adopt a Meals-on-Wheels route. You and your employees will love the rewards that come along with delivering hot, nutritious meals during the lunch hour. Your team can adopt a route one day a week, one day a month, or any time in between. Any level of participation saves LifeCare Alliance the cost of a paid driver, with no expense to you. We cover all training needs and deliver the meals to your company’s door! We look forward to welcoming you to the outstanding team of companies who adopt a Meals-on-Wheels route.

Corporate and Community Route Partners

2Checkout
Abbott Nutrition
Ability Matters
Acorn Distributors
Add Ventures
Alliance Data (Multiple Routes)
Alvis
American Electric Power (Multiple Routes)
American Structure Point
Arbors West
ARC Industries
Art of Living Group
Ashland Chemical
Aspen Community Living
A2Z
Assurex Global
Bailey Cavalieri
Barrington Elementary School
Battelle Memorial
BEARS Preschool
Bellefontaine High School
Berwick Kiwanis
Blue & Co., LLC
Bob Evans
Byers Auto
Byers Mazda-Subaru
Capital Men’s Basketball Team
Capital Men’s Football Team
Cardinal Health
Cassingham Elementary
CB Richard Ellis
Century 21
Champaign County Chamber of Commerce
Char’s Market
Chase (Multiple Routes)
Cheryl & Co.
Choice Properties
Citi Bank
City of Bellefontaine
City Reach Church
Clear Path Benefits
Cleverley & Associates
Columbia Gas of Ohio
Columbus Business First
Community Health Center
Community Partners
Compass Financial Group
CMax Advisors
Cristo Rey
Crown Appraisal Group
CRSI
Cristo Rey School
Democratic Socialists of America
Diamond Hill Investments

IDNA proudly flew service flags with 12 stars representing the nurses in service during WWII.

The strength in time of war lay in the IDNA nurses to quietly, firmly, and bravely carry on in the face of extreme hardship.
"To follow patients home once they have been discharged from the hospital is one of the most sane and rational steps forward in medicine and philanthropy." – Jane Tuttle, Director

The IDNA noted that the number of older people and people with chronic illnesses and disabilities was growing, an issue that would soon need to be addressed.
Family and Donor Funds, Corporations, Foundations & Grants

Anonymous
397 Red Star Temple
3M Foundation
Abbott Employee Giving Campaign
Abbott Labeling/CRM Accessible Solutions
Acer Distributors
Aetna Foundation
Affinion Group
AGC Automotive California, Inc.
Air Force One, Inc.
Aldi, Inc.
Alice and Robert Estrich Fund of The Columbus Foundation
Alice Paugh Cancer Ray/Phi Beta Psi Sorority-Iota Delta Chapter
Alliance Data
Alpine House
Amazon
AmazonSmile Foundation
American Association of Clinical Endocrinologist
American Cancer Society
Discovery Shop
American Council of the Blind of Ohio, Inc.
American Electric Power of Ohio, Inc.
American Council of the Blind
American Legion Auxiliary-Dan Gentile Unit 532
AmSpirit City Center Chapter
Anderson Concrete Corporation
Anthem Blue Cross and Blue Shield
Aquas Systems
Area Agency on Aging, PSA 2
Arena District Athletic Club
Argo & Lehne Jewelers
Ark Logistics, LLC
The Arlington Bank
Arlington Optical
Artistry in Motion
Massage Therapy
Ashland Chemical Company
Assurex Global
Austin Area Aerobic Services
Auto Tool, Inc
Automatic Data Processing, Inc.
Avon Foundation
Breast Care Fund
AWOL Bar
B & B Brokerage, Inc.
Baird Foundation, Inc.
Barbasol Foundation
Bark Box
Barnes & Thornburg LLP
Barre3
Bath and Body Works
Battelle
BEARS Preschool, UA School
Beck Foundation
Becor Electric Supply
Becton Dickinson
Bentley's Pet Stuff
Bexley Lions Club
BMI Federal Credit Union
Bob Evans Farms Foundation
Body by Sid
Bohm Family Fund of The Columbus Foundation
Bogdal & Company LLC
Borror
Bradford Lions Club
Breast Cancer Fund of Ohio
The Breathing Association
Bricker & Eckler LLP
The Brinkman Charitable Fund at Fidelity Charitable
Broadway Cares/Equity fights AIDS, Inc.
Buca di Beppo
Buckeye Pawn Shop, Inc.
Buckeye Tire Co.-Col, Inc.
Budros, Rhulin & Roe, Inc.
Byers Auto Group
Camp Hanawi Alumni Group
Canal Winchester Lions Club
CAPA
Capital City Cigar Club
Cardinal Health Foundation
Cardinal Health, Inc.
Cardone’s CareSource
Carvana
Cat Welfare
Catherine Nelson Black Cancer Ray
The Catholic Foundation
CB Richard Ellis
CDI012.5 - The Alternative Station
Celia Kahn Lazarus Ray/Phi Beta Psi Sorority-IOTA XI Chapter
The Center for Health Affairs
Central Ohio Area Agency on Aging
Central Ohio Labor Council AFL-CIO Retirees
Central Ohio Men Against Prostate Cancer
Central Ohio Primary Care Physicians, Inc.
Central Ohio Tax Club
Centric Financial Group LLC
Century 21 Excellence Realty
Champaign County Memorial Foundation
Charity Gift Certificates
Charles W. and Evelyn N. Medick Fund of The Columbus Foundation
Child Development Council of Franklin County, Inc.
Chloe Foundation Fund of The Columbus Foundation
Choice
Christy’s Fund for Impact of the Columbus Jewish Foundation
Church of God at Bladensburg Inc.
Cincinnati Bengals
Citi
City of Columbus
The City of Grove City
City of Upper Arlington Public Service Department
The City of Worthington
The Clara Weiss Fund
Clovers Forever 4-H Club
Clubcorp Charities, Inc.
Clember Clevergen & Associates
Coldwell Banker King Thompson
Coldwell Banker King Thompson Foundation
Columbia Gas of Ohio, A Nisource Company
Columbus Beechcroft Lions Columbus Blue Jacket Foundation
Columbus Chapter Of Oncology Nursing Society
Columbus Fitness Consultants
The Columbus Foundation
Columbus Jewish Foundation
Columbus Northeast Lions Club
Columbus Northern Lions Club
Columbus Southern Pines Lions Club
Columbus Symphony Orchestra
Commercial Lighting and Electric
Community Foundation of Union County, Inc.
Community Shares of Mid Ohio
Coma Kokosing
COSI
The Country Club at Muirfield Village
The Crab Club
Crawford & Company
Crawford for Cancer
Crosby’s Drugs, Inc.
CSX Foundation
Cycles14
Daimler Group
Dance Tonight Columbus
Darbydale Elementary
DeeDee and Herbert Glimcher Phil Fund of The Columbus Foundation
Dejaco Family Foundation
Delaware Athletic Boosters, Inc.
Deloitte Services LLP
Deluxia Family Foundation
Denison University
Derrick Layer Custom Homes & Remodeling, LLC.
DESCOM
The Diamond Cellar
Diamond Hill Capital Management, Inc.
Dinsmore & Shohl, LLP
Discover Business Service, Full Service III Dept
Discover Financial Services
Dodge City Schools
Dodge Recreation
Dominion Energy Charitable Foundation
Dorothea T. Seifert & Myron T. Seifert Charitable Trust
Dr. Robert A. and Martha O. Schoenlaub Fund of The Columbus Foundation
Dublin Building Systems
Dublin City Schools
Dublin Cleaners, Inc.
Due Amici
Dwyer Family Insurance Agency, Inc.
E.L. Evans Center
Eastminster Presbyterian Church
e-Cycle Foundation of The Columbus Foundation
Edythe Alberty Fund of The Columbus Foundation
Elated Light Photography
Elly Lilly and Company
Ellman Family Philanthropic Fund of the Columbus Jewish Foundation
Energy Lab
The English Family Foundation
Eric C. and Nancy Bishop Smith Charitable Fund of The Columbus Foundation
Erie Insurance Group
Ernst & Young
Essex Family Advised Fund of The Columbus Foundation
Estate of Judith Baker
Estate of Ned Barthelmas
Estate of Barbara Jane Davis
Estate of Oliver Wendal Jackson
Estate of Richard W. Marsh
Everhart Advisors
Fabrique Boutique
Fair and Square Quilting Group
Faith Lutheran Church
Farmers Insurance
The FG Foundation
Fifth Third Bank
Fifth Third Bank Central Ohio
First Central Presbyterian Church
First Church of God
First Merchants Bank
First Merchants Corporation
First Presbyterian Church
Fishel Foundation
Florence Grossman Cancer Ray
Florence H. McQuiniff Fund of The Columbus Foundation
Foundation for Active Living of The Columbus Foundation
FourTown LaSeratoma
Franklin County Board of Commissioners
Franklin County Office of Homeland Security & Justice Programs
Franklin County Senior Options
Franklin County Task Force on Aging
Fred W. Carver Fund of The Columbus Foundation
Fresh Craft Gallery
Friends Of Art For Community Enrichment
G. Michael’s Bistro & Bar
Gallaghers, Gens, Pryor, Tallan & Littrell L.L.P.
Attorneys at Law
Gallo’s Kitchen and Bar
GBQ Partners LLC
Genevieve Eckert Fund of The Columbus Foundation
George J. Igel & Co., Inc.
Georgia-Pacific
Geotechnical Consultants, Inc./Anne Longo Memorial Fund of The Columbus Foundation
Gerlach Cleaning Systems
German Village Society
GF’s Chemicals, Inc.
Gibbone’s Aerostations, LLC
Girl Scout Troop #1244
Girl Scout Troop #1289
Girl Scout Troop #1455
The Gloria and Sidney Danziger Foundation, Inc.
Godessses for Good
Golf Car Company
Goshen Community Grange #578
Grace New Covenant Ministries
The Grainger Foundation
Grange Insurance
Grant Health and Fitness Center
Grant Rehab Services

We would like to say “thank you” to all of our donors.

1959

IDNA led February flood relief efforts with 35 nurses.

1960

The IDNA nurses focused their attention on the needs of older and disabled residents of Franklin County.
Initiated mass Sabin polio vaccine program in Columbus. IDNA nurses were in the forefront of providing immunizations to the community.

The passage of the Older Americans Act helped with some of the cost of care for older people.
We would like to say “thank you” to all of our donors.

Family and Donor Funds, Corporations, Foundations & Grants (continued)

Tremont Elementary School
Tremont Pharmacy
Tri Village Lions Club, Inc.
Tri-County Insurance Services, LLC
Trifold, LLC
Trinity United Methodist Church
Tri-Village Lions Club
The Turban Project
Turner Construction Company
Union Cafe
United Commercial Travelers of America
United Way of Central Ohio
United Way of Clark, Champaign and Madison Counties, Inc.
United Way of Greater Atlanta
United Way of Greater Cincinnati
United Way of Greater Toledo
United Way of Licking County, Inc.
United Way of Richland County
United Way of Southeastern Pennsylvania
United Way of the Greater Triangle
United Way of the Valley and Greater Utica Area, Inc.
UnitedHealthcare of Ohio
Unity East Church
University Foot Center, Inc.
The University Women’s Club at OSU
The Unrestricted PNC Bank Fund of The Columbus Foundation
Upper Arlington Rotary Club
Upper Arlington Schools UPS
UPS Foundation, Inc.
US Foods
Vargo Engineers, Inc.
VBC Entertainment
Verizon Foundation
Verizon Wireless Vertiv
Village of Obetz Community Center
Vorys, Sater, Seymour & Pease LLP
Walmart #5185
Walmart #6307
Walmart Distribution Center #6024
Walmart Facility #2666
Walmart Foundation
Walter Knapp Fund of The Columbus Foundation
Washington Elementary
Wasserstrom Foundation
Wasserstrom Restaurant Supply Super Store
Watershed Distillery
Welland Markets
Welch Family Fund of The Columbus Foundation
Wellness Association of the Sightless
The Wellington School
Wells Family
Wesney Construction
Westerville City Schools - Transportation Office
Whaley Foodservice
Whiskey Joe’s Reclaimed Barnwood Furnishing
White Castle System, Inc.
Whitehall Area Lions Club
Wickham Estate
William C. and Naoma W. Denison Fund of The Columbus Foundation
William E. Pfeffer Fund of The Columbus Foundation
William F. and Mary S. Powell Fund of The Columbus Foundation
William S. and Beryl P. Gould Fund of The Columbus Foundation
Williamson Insurance LLC
Willis H. Liggett Fund for Columbus of The Columbus Foundation
Windermere Elementary School
Women’s Board of Central Ohio Diabetes Association
Woodgamz.com
Worly Plumbing Supply, Inc.
Worthington Hills Country Club
Worthington Industries Foundation
Worthington Industries Inc.
Worthington Thrift Shop
Wyandot Snacks
YMCA
York Golf Club
The Zagmeyer Cancer Center
Zeikowski Family Foundation: Food for Hungry EF of The Columbus Jewish Foundation
Zonta Club of Columbus

Elizabeth Alcalde
Chelsea Alexander
Donna Alexander
Cynthia Ali
Donald Allig
Michael Allegretti
Carol Allen
Jennifer Allen
Patrick and Susan Allen
Wilda Ann Allinder
Dennis Allison
Christine Alloto
David and Diane Allwine
Lisa Alworth
Alissa Amadon-Carbonaro
John and Patricia Ammeldora
May Ammons
Paige Amos
Carol Anderson
Glen Anderson
James Anderson
Jeffrey Anderson
Joshua and Hilary Anderson
Katie Anderson
Larry and Marianne Anderson
Mary Anderson
Norman Anderson
Paul and Sandy Anderson
Paul Anderson
Ralph and Ann Anderson
Robert and Martha Anderson
Sybil Anderson
Dr. Tom and Barb Anderson
Michelle Andre
Donna Andrews
Thomas and Vickie Andrews
Kelle Andrews
Donna Andriot
Carmen and Margaret Angelino
Debbie Angelos
Phil Angliss
Cynthia Ansted
Mary Antonelli
Susan App
Catherine Appel
David and Mary Applegate

David Arango
Cameron Arbaugh
Connor Arbaugh
Jay Arbaugh
Ryan Arbogast
Dillon Arenllo
Dr. Charles and Marcia Arens
Dorothy Argenta
Karen Albury
Chad Albert
Doug Albaugh
Carl and Valerie Aveni
Sharon Austin
Steve and Toni Auch
Linda Auckerman
Jon Austin
Susan Auld
Carl and Valerie Aveni
Haylee Ayers
Jessica Ayers
Ray and Margie Ayers
Melanie Ayotte
Sine-Marie Ayres
Beverly Babbert
Fritz and Carol Babbert
Jennie Babcock
Jim and Victoria Baber
Bob and Bonnie Babineau
Todd Babione
Sam Backiewicz
Elizabeth Badenhop
Carolyn Bader
Lisa Baer
Sandra Bahantka
Eimear Bahnson

1967

The first class of Home Health Aides graduated.

1969

Established senior citizen nursing clinics, now known as Wellness Centers, in senior housing areas.
IDNA changed name to Community Health and Nursing Service (CHNS).

Began preparing Meals-on-Wheels at Bradford Commons on The Ohio State University campus. Initiated kitchen at The Ohio State University.
We would like to say “thank you” to all of our donors.

1975
Established homemaker program.

1976
Changed meal program from FFEP Program to NICE (Nutrition Involving Community Elderly). Funded through Title III of the Older Americans Act.
We would like to say “thank you” to all of our donors.
The Agency's food production program expanded to more than a million meals per year.
We would like to say “thank you” to all of our donors.

1997

Introduced frozen meals, delivered weekly, to people who could safely forgo a daily visitor.

1998

LifeCare Alliance’s Centennial Year – A year of celebration!
1999

Introduced Kosher Meals-on-Wheels in partnership with Wexner Heritage Village for delivery across Franklin County.

2001

Opened the first Soul Food and Hispanic Senior Dining Centers in central Ohio. Began delivery of after-school meals.
We would like to say “thank you” to all of our donors.

LifeCare Alliance nurse practitioner opened clinic for adults in Columbus who prefer to go to a nurse instead of a physician for their primary health care.
Marking the 10th Anniversary of POHC, 250,000 meals were prepared and delivered to men, women, and children living with HIV/AIDS in central Ohio.

The Columbus Cancer Clinic became a program of LifeCare Alliance. The Clinic strives to maintain the health and enrich the lives of families in central Ohio by providing quality cancer prevention, early cancer detection, and homecare support services to individuals living with cancer.
We would like to say “thank you” to all of our donors.

In early 2009, the Agency opened Carrie’s Café at our new meal distribution and event center located at 670 Harmon Avenue.

In May, IMPACT Safety merged into LifeCare Alliance making this the Agency’s fourth merger since 2003. The Agency is now able to provide a safety component as part of our extensive menu of services.

2009

2011

24 | LIFECARE ALLIANCE ANNUAL UPDATE.
On January 27, 2017, the Central Ohio Diabetes Association (CODA) merged into LifeCare Alliance which greatly enhanced the clients of both LifeCare Alliance and the Central Ohio Diabetes Association.
THE IMPACT of LifeCare Alliance in 2017

Our services save Ohio taxpayers $62,000/year per client.
Source: AARP

We served 20,000 active clients, most living on less than $1,000/month.

We delivered 5,000 meals a day throughout five central Ohio counties.

7,600 volunteers donated 187,433 hours and nearly 362,135 miles.

MEALS-ON-WHEELS
5,000 Meals/Day • 365 Days/Year

GROCERIES-TO-GO
13,012 Pantry Visits
117,108 Meals for 881 Households

FOOD PANTRY

SENIOR
511 Pets • 445 Clients
PETCARE

HELP-AT-HOME
35,129 Hours of Service • 659 Clients

WELLNESS
5,326 Visits to Wellness Centers
CENTERS • 2,597 Clients

COLUMBUS
768 Mammograms
CANCER CLINIC
592 Cancer Screenings

CENTRAL OHIO
1,718 individuals served through diabetes prevention
DIABETES
and/or nutrition education • 152 children, aged 13-17,
attended Kids Camp, Stepping Stones, and Camp Hamwi
## Revenues

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>12.4% Franklin County Senior Options Levy</td>
<td>$3,093,019</td>
</tr>
<tr>
<td>4.2% PASSPORT</td>
<td>$1,039,471</td>
</tr>
<tr>
<td>2.4% Title III-B/State Block Grant</td>
<td>$613,137</td>
</tr>
<tr>
<td>7.4% Title III-C/State Block Grant</td>
<td>$1,839,470</td>
</tr>
<tr>
<td>12.0% Other Contracts and Program Services and Social Enterprise</td>
<td>$2,996,642</td>
</tr>
<tr>
<td>1.4% United Way, Three Groups</td>
<td>$343,714</td>
</tr>
<tr>
<td>0.5% Consumer Contributions: Meals-on-Wheels</td>
<td>$136,079</td>
</tr>
<tr>
<td>23.6% Donor Contributions</td>
<td>$5,902,651</td>
</tr>
<tr>
<td>4.9% Investment Income (loss)</td>
<td>$1,216,240</td>
</tr>
<tr>
<td>12.5% Other</td>
<td>$3,137,369</td>
</tr>
<tr>
<td>18.7% Volunteer Hours and In-Kind Value</td>
<td>$4,684,000</td>
</tr>
<tr>
<td><strong>Total Revenue</strong></td>
<td><strong>$25,001,792</strong></td>
</tr>
</tbody>
</table>

## Expenses

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>74.9% Program Services</td>
<td>$17,659,312</td>
</tr>
<tr>
<td>19.9% Volunteer Hours and In-Kind Value</td>
<td>$4,684,000</td>
</tr>
<tr>
<td><strong>Support Services</strong></td>
<td><strong>$23,584,600</strong></td>
</tr>
<tr>
<td>3.1% Management and General</td>
<td>$734,312</td>
</tr>
<tr>
<td>2.1% Fiscal and IT Services</td>
<td>$506,976</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>$23,584,600</strong></td>
</tr>
</tbody>
</table>

## Statements of Financial Position — December 31, 2017

### Assets

#### Current Assets

- Cash and cash equivalents: $2,636,473
- Receivables - current:
  - Accounts receivable, net: $740,022
  - Contributions receivable: $97,500
- Note receivable: $100,000
- Total receivables - current: $937,522
- Marketable securities: $3,835,986
- Inventories and prepaid expenses: $395,464
- Total current assets: $7,805,445
- Property and equipment - net: $8,945,384
- Cash held for long term purposes: $299,386
- Marketable securities held for long term purposes: $6,128,945
- Note receivable: $150,000
- Beneficial interest in assets held by foundation: $377,096
- **Total Assets**: $23,706,256

### Liabilities and Net Assets

#### Current Liabilities

- Accounts payable: $404,454
- Payroll and related liabilities: $567,528
- Other liabilities: $347,503
- **Total current liabilities**: $1,319,485

#### Long Term Liabilities

- Note payable: $0

#### Net Assets

- Unrestricted:
  - Undesignated: $10,842,833
  - Designated by Board: $4,789,463
- **Total unrestricted net assets**: $15,632,296
- Temporarily restricted: $5,414,993
- Permanently restricted: $1,339,482
- **Total net assets**: $22,386,771

- **Total Liabilities and Net Assets**: $23,706,256
Nourishing the Human Spirit

Formed in 1898, LifeCare Alliance provides a comprehensive array of health and nutrition services to older adults and individuals living with a medical challenge or disability in central Ohio—keeping them safe, independent, and in their own homes, where they want to be! LifeCare Alliance operates a national model for its programs, leading in volunteer engagement, effective mergers, and social entrepreneurship. A not-for-profit organization, the Agency’s mission is to lead the community in identifying and delivering health and nutrition services to meet the community’s changing needs.

Meals-on-Wheels—Franklin, Madison, Marion, Champaign, and Logan Counties | Senior Dining Centers | Wellness Centers | Help-at-Home | Visiting Nurses | Columbus Cancer Clinic | Project OpenHand-Columbus | Groceries-to-Go | IMPACT Safety | Central Ohio Diabetes Association (CODA) | Senior PetCare | L.A. Catering | L.A. Wellness Works | Travel Vaccines and Immunizations | Meals-for-Kids | Carrie’s Café

LifeCare Alliance
614-278-3130
1699 West Mound Street
Columbus, Ohio 43223
670 Harmon Avenue
Columbus, Ohio 43223

Call 614-444-MEAL (6325) to volunteer today!
Call 614-278-3130 to sign up for services today!
www.lifecarealliance.org

Central Ohio Diabetes Association
1100 Dennison Avenue – CODA
Columbus, OH 43201
614-884-4400 (CODA)
www.diabetesohio.org

In-kind donation for printing costs provided by Kenwel Printers