

Route Delivery Day

Meal Plan Week

Frozen Choice

Month:



Pick 7	Entrees
	Chicken Gumbo
	Chicken Patty
	Chicken Biscuit & Gravy
	Sweet & Sour Chicken
	BBQ Chicken
	Chicken Rice Casserole
	Meatloaf w/ Gravy
	Pot Roast w/ Gravy
	Salisbury Steak w/ Gravy
	Beef Hot Dog
	Hamburger
	Beef Lo Mein
	Italian Sausage with Peppers
	Mexi-Mac Casserole
	Chicken & Noodles
	Vegetarian French Toast
	Baked Fish
	Chef's Choice
	Garden Veggie Burger
	Cheese Lasagna
	Veggie Chik'n Tenders
	Cheese Stuffed Shells
	Vegetable Shepherd's Pie
	Vegetable Pasta Primavera
	Macaroni & Cheese
	BBQ Pork Riblet
	Spaghetti & Meatballs
	Open
	Pork Chopette

Pick 7	Fruit
	Natural Applesauce
	Strawberry Applesauce
	Mixed Fruit Cup
	Pear Cup
	Peach Cup
	Pineapple Tidbits
	Fresh Orange
	Fresh Apple
Pick 7	Beverages
	2% Milk
	Skim Milk
	Chocolate Milk
	Orange Juice
	Cranberry Juice
	Apple Juice
Pick 7	Breads
	Cornbread
	Dinner Roll
	Wheat Bread
	Bun
	Hot Dog Bun
Pick 7	Snacks
	Strawberry Cereal Bar
	Mozzarella Stick
	Carnival Crunch
	Cheeze-Itz
	Alphabet Cookies
	Animal Crackers
	Variety Snack Pack

Please return your monthly order to your driver on your next delivery date.